

Support for Slide Away

Slide Away is very proud of the support it has offered to bereaved children, young people, their families and schools since 2004.

We make no charge for the service we offer and rely on donations and grants.

We could not continue our work without the generous support of individuals, groups, schools, businesses and Trusts.

Details on ways to donate to support our work can be found on our website www.slideaway.org by clicking on **Support Us** or contact us on 07970 5977 15

Releasing a balloon can help young people cope with their grief.



To Contact Us

T: 07970 5977 15
E: slideawayone@aol.com
W: www.slideaway.org

Follow Slide Away on Twitter @SlideAway0

Follow Slide Away on Facebook:
<https://www.facebook.com/SLIDEAWAY1>

Other Sources of Support

Childhood Bereavement Network
Tel: 020 7843 6309
www.childhoodbereavementnetwork.org.uk

Child Bereavement UK
Tel: 0800 02 888 40
Website: www.childbereavementuk.org

Cruse Bereavement Care
Telephone: Freephone National Helpline: 0808 808 1766
Website: www.cruse.org.uk
www.hopeagain.org.uk

Grief Encounter
Telephone: 0808 802 0111
Website: www.griefencounter.org.uk

Winston's Wish
Telephone: Family Line 08088 020 021
Website: www.winstonswish.org.uk



Founded in Memory of Daniel Ross



Helping bereaved young people get back on their feet

Slide Away offers support to children and young people in West Kent and parts of North Kent who have been bereaved of a family member or friend. We also support children and young people who have a parent or sibling with a life limiting illness.



Core Support



KENT
COMMUNITY
FOUNDATION

Registered charity number 1136331

Company number 07246017

Support for Bereaved Children and Young People

Following the death of a family member or friend, young people need to have their loss acknowledged, their feelings recognised and be given opportunities to hold onto the memories of the person they have lost.

To support children and young people to understand and manage their grief, Slide Away offers:

2-day Workshops for those bereaved of a parent or sibling

Memory Days for those bereaved of another family member or friend



"I loved making the memory jar to make memories of my mum."

Pre-Bereavement support for Children and Young People

When a child is facing the death of someone close to them, their needs will be similar to those of adults, but they may find it difficult to express what they are feeling.

Slide Away offers a monthly Saturday morning group where children and young people can:

Voice their worries

Talk openly about death

Find creative ways to express their feelings and hold onto memories of their special person



"I have learnt not to hide my feelings away."

Support for the Family

To help adults understand their child's grief and encourage communication within the family, Slide Away provides:

A session for parents/carers.

This session is held before their child attends a Workshop or Memory Day. The session provides an opportunity to meet the Slide Away staff team and sample some of the activities.

"What cannot be underestimated is the support Slide Away gives to the adults too."

Support for Schools

Slide Away has always recognised the vital role the school community has in supporting bereaved pupils. All referrals to Slide Away must come through the school's appointed School Bereavement Contact (SBC).

To support schools Slide Away offers training to newly appointed SBCs, provides a Tool Kit for Schools and offers telephone support.

"Your workshops have always been at the right pitch, level and support for our pupils. They have all gained so much from the range of activities you offer and the awareness that it is ok to talk openly about loss."