

WEEK ONE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Macaroni Cheese 	Phat Pasty Pork Sausage Roll with Potato Wedges 	Roast Chicken, Stuffing, Roast Potatoes & Gravy 	Spaghetti Bolognaise 	Fish Fingers or Salmon Fish Fingers with Chips & Ketchup 
OPTION 2	Chickpea Curry and Rice 	Quorn Cumberland Sausage with Potato Wedges 	Roast Quorn, Roast Potatoes & Gravy 	Tomato & Vegetable Pasta 	Cheese & Bean Pasty with Chips & Tomato Ketchup 
DESSERT	Banana Mousse 	Orange Drizzle Cake 	Fruit Platter 	Apple Flapjack 	Jelly with Mandarins 

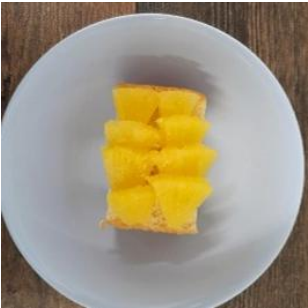
***VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN**

WEEK TWO

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Cheese & Tomato Pizza with New Potatoes 	Beef Chilli with Rice 	Roast Pork Sausage, Roast Potatoes & Gravy 	Greek Chicken Pitta with Herby Rice & Tzatziki 	Battered Fish with Chips & Tomato Ketchup 
OPTION 2	Lentil and Sweet Potato Curry with Rice 	Loaded Jacket with Spring Onion & Cheese or Tomato Pasta 	Vegetarian Wellington, Roast Potatoes & Gravy 	Spinach & Cheese Whirl with Herby Rice & Tzatziki 	Quorn Sausage with Chips & Tomato Ketchup 
DESSERT	Iced Vanilla Sponge 	Peaches & Ice Cream 	Freshly Chopped Fruit Salad 	Jam & Coconut Sponge 	Oaty Cookie 

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WEEK THREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Tomato Pasta 	Beef Burger with Potato Wedges & Tomato Sauce 	Roast Chicken with Roast Potatoes & Gravy 	Chef Shilpa's Chicken Korma with Rice 	Fish Fingers with Chips & Tomato Ketchup 
OPTION 2	Chinese Vegetable Noodles 	Quorn Burger with Potato Wedges & Tomato Sauce 	Vegetable Pasty, Roast Potatoes & Gravy 	Cowboy Sausage and Bean Hotpot 	Cheesy Broccoli Frittata with Chips 
DESSERT	Pineapple Upside Down Cake 	Cheese & Crackers 	Fruit Medley 	Strawberry & Apple Crumble with Ice Cream or Cream 	Vanilla Shortbread 

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