



Harrietsham Church of England Primary School

P.E. Long Term Plan



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS	Fundamental movement skills	Gymnastics	Gymnastics	Dance	Multi Skills	Multi Skills – Ball Skills net/wall
Year 1	Multi-Skills – Ball skills dribbling Dance	Gymnastics SOW 1 Multi-Skills – throwing and catching	Health and Fitness Gymnastics SOW 2	Dance Multi-Skills – games	Multi Skills – throwing and aiming Athletics – through Multi-skills	Multi Skills – ball skills Multi Skills – net and wall (Tennis)
Year 2	Multi-Skills – Ball skills dribbling Dance	Gymnastics SOW 1 Multi-Skills – throwing and catching	Health and Fitness Gymnastics SOW 2	Dance Multi-Skills – games	Athletics – through Multi Skills Multi Skills Throwing and aiming	Multi Skills – ball skills Multi Skills – net and wall (Tennis)
Year 3	Swimming Games – SOW 1	Gymnastics SOW 1 OAA	Fitness Gymnastics SOW 2	Dance Games SOW 2	Athletics Games	Tennis Games – striking and fielding
Year 4	Games – SOW 2 Dance	Gymnastics SOW 1 OAA	Fitness Gymnastics SOW 2	Dance Swimming/Games SOW 2	Athletics Swimming/Games	Tennis Games – striking and fielding
Year 5	Games 1 Dance	Gymnastics SOW 1 Play Leaders	Fitness Gymnastics SOW 2	Dance Swimming/Games SOW 2	Athletics Swimming/Games	Tennis Games – striking and fielding
Year 6	Swimming / Games 1 Dance	Gymnastics SOW 1 OAA	Fitness Gymnastics SOW 2	Dance Swimming/Games SOW 2	Athletics Swimming/Games	Tennis Games – striking and fielding