



Whole school provision map

Social Emotional Mental Health		
<u>QFT</u>	<u>Guided/ group intervention</u>	<u>Individual support</u>
<p>Clear and consistent boundaries</p> <p>Positive reinforcement and praise</p> <p>Positive reward systems – whole school approach</p> <p>Celebration assemblies</p> <p>Teaching of calming strategies and mindfulness</p> <p>Opportunities for team building</p> <p>Adaptions to class layout</p> <p>Structured class routines</p> <p>Worry box / Opportunities to share concerns and worries</p> <p>Specific behaviour skills taught</p> <p>Use of de-escalation skills to promote calm</p> <p>Time spent nurturing good relationships</p>	<p>Behaviour plan</p> <p>Home school contact book</p> <p>Lunchtime support</p> <p>Visual prompts</p> <p>Agreed areas for timeout/break out area</p> <p>Arranged times to speak to key adults</p> <p>Low key tasks given with increased structure and predictability when needed</p> <p>Agreed visual symbol when pupil distressed or not coping</p> <p>Personalised work station or equipment</p> <p><u>Specific group interventions:</u></p> <ul style="list-style-type: none"> • Turn taking • Social skills (social stories, games, activities) • Lego therapy • Social & friendship skills • Resilience support 	<p>Boxall profile</p> <p>Early Help</p> <p>Risk assessment, care or support plan</p> <p><u>Specific 1:1 Interventions:</u></p> <ul style="list-style-type: none"> • Drawing and Talking therapy • Lego therapy • Social skills (social stories, games, activities) • Emotional Literacy • Anger • Anxiety • Emotional Awareness • Managing Emotions • Bereavement • Self Esteem <p><u>Support, guidance, referral and target setting from outside agencies:</u></p> <ul style="list-style-type: none"> • Educational Psychologist • STLS • NELFT • School nurse • Salus